

Topic Talks

International Nurses Day: Career Pathways

Have you ever thought about the career pathways open to you as nurses and midwives? There are so many that it can become overwhelming to navigate. This week, in honour of International Nurses Day, we will learn more about career pathways in Nursing.

Some facts: in the December 2020 AHPRHA Report, in Australia there were:

- 412, 620 practising nurses
- 28,362 practising Midwives
- 2,133 practising Nurse Practitioners
- 1,240 RIPERN nurses
- 1 Midwife Practitioner
- Nurses continue to be the largest group of registered health professionals in Australia (57% of all health professionals)

Career pathways in Nursing and Midwifery

Nurses and midwives have an extensive range of career pathways open to them, which may be clinical or non clinical; both in hospitals and in the community. Once a path is chosen there are still many additional options available. Nurses and Midwives can also decide to follow a different path at any time in their career. This level of flexibility and choice means that nurses and midwives can continue to seek exciting new challenges throughout their career.

Let's talk

Suggested questions to ask yourself or your peers this week



How would your rate your level of understanding of this topic?

Watch a webinar, listen to a podcast, look at the websites. Learn something new.

What is a career pathway you dreamed of doing and why?

If you have followed this path, share with others what your journey was like. If you are yet to pursue this - perhaps start investigating the possibilities.

What are the emerging health needs in your community?

The emerging needs in a community can help shape the career pathways nurses might choose.

What are 2 new pieces of information you have learned about the topic this week?

Think about what you have learned. How can you use this learning going forward?

Loddon Mallee Activities and Resources



What's on the Web?



Tuesday 11th May 1400: Join the webinar via the <u>Bendigo Health</u> Website

or via zoom https://bendigohealth.zoom.us/j/93324155450?
pwd=Nm9iSUZmSEl4enJHWFRheWRtaTdaUT09

Speaker: Leanne Boase, Australian College of Nurse Practitioners President

Topic: Becoming a Nurse Practitioner

International Nurses Day May 12 - Nurses A Voice to Lead A

Vision for Healthcare. More information

here https://www.icn.ch/what-we-do/campaigns/international-

<u>nurses-day</u>

Webcasts:

- NurseJournal (2017) Inspiring Non Traditional Jobs in Nursing [8:36] https://www.youtube.com/watch?v=QJo25oTTqTg
- NSW Health (2020) National Nurse Practitioners Day
 [4:17] https://www.youtube.com/watch?v=zRGWHGQ3nFY
- The Nurse Break https://www.youtube.com/channel/UCUTDbmq
 UJdGesTY667epIdw/videos
 - (2020) Emergency Nurse Practitioner Australia [57:12]
 - (2020) Agency Rural & Remote Nursing in Australia [1:18:30]
 - (2020) Emergency Nursing in Australia [1:13:09]
 - (2020) Cosmetic Nursing in Australia [1:12:49]
 - (2020) Indigenous Nursing in Australia [1:32:26]
 - (2020) Palliative Care Nursing in Australia [1:09:32]
 - (2020) Australian ICU/ED Nurse Lt Benjamin Jenkins [59:15]
 - (2020) Behind the scenes with a senior nursing lecturer [1:47:22]

Web Sites:

- Australian College of Nurse
 Practitioners https://www.acnp.org.au/
- ANMF Career development & leadership https://libguides.anmf.org.au/anmfvic/careerdevelopment
- Nurse Journal 50 things you can do with a Nursing degree https://nursejournal.org/articles/things-you-can-do-with-a-nursing-degree/

References:



- Australian Institute of Health and Welfare (2020) Health Workforce Snapshot https://www.aihw.gov.au/reports/australias-health/health-workforce
- Graduate Careers Australia (2008) Careers in Nursing and Midwifery https://www.graduatecareers.com.au/files/wp-content/uploads/2011/12/careers_in_nursing_and_midwif.pdf
- My Health Career (2021) Your free guide to a career in Nursing https://www.myhealthcareer.com.au/nursing-career/
- Nurse Journal (2021) 50 things you can do with a Nursing
 Degree https://nursejournal.org/articles/things-you-can-do-with-a-nursing-degree/
- Nursing and Midwifery Board of Australia (Dec 2020) Registrant Data [online
 - at] https://www.nursingmidwiferyboard.gov.au/about/statistics.asp https://www.nursingmidwiferyboard.gov.au/about/statistics.asp https://www.nursingmidwiferyboard.gov.au/about/statistics.asp https://www.nursingmidwiferyboard.gov.au/about/statistics.asp

Loddon Mallee Continuing
Nursing and Midwifery Education

CNE@bendigohealth.org.au